



Sunday, 22nd May 2016

Message from the Director

Dear IAA Community,

This week's newsletter is, as always, filled with news about academics, sports, trips, shows, and events! Let us begin with the highly anticipated **70th Independence Day Festival and the Centennial Anniversary of the Great Arab Revolt**. We have a wonderful performance line-up this year, featuring live professional guest performers, as well as both **Primary and Secondary student performers**. Our **talented gymnasts** will be dazzling us with an exciting gymnastics show too! There's much to do at this year's outdoor celebration, and all parents are encouraged to join the fun. Please note that all **Primary students will be released from their classrooms at 12:30 pm to their parents or guardians, and no bus services will be available to Primary students on that day**. It is very important that Primary parents make arrangements to ensure their children have adult supervision during the event. For more details, please read the section of the Newsletter dedicated to the Festival. The **Grade 3** students are selling their '**Chocolate for Charity**' **Pillar Packs** this year. As part of their **Enterprise** unit, they will be donating all proceeds to the **King Hussein Cancer Foundation**. Please support this amazing initiative for **only 5 JD**. Find details in the Primary School section of the newsletter. Good luck to our Grade 3 entrepreneurs!

The Secondary School hosted its first **MYP Day last week** in recognition of the great work completed by our MYP students this year. Projects were on display, and students took advantage of the opportunity to practice their presentation skills. Thank you to all the parents who attended.

Every year, as part of their **Grade 10** MYP requirements, students embark on a week away from school, during which they '**shadow**' **adult professionals in their work environments**. Next Sunday, this year's Grade 10 students will begin their week in the **local job market**. This is a valuable exercise, affording students the opportunity to **experience the day-to-day realities** of the work world in Jordan. It offers students a chance to observe and ask questions about careers they may be interested in pursuing, gathering information which will inform their decisions during the university application process. Grade 10, do make the most of this upcoming **Job Shadowing Week**.

Class of 2016, AIMING H16H! Graduation is just around the corner. Grade 12 parents, kindly collect your ten invitations from the PR & Events Department in the main Admin Building if you have not done so. Also, please note that this Saturday at 4:00 pm, graduates will need to be at school for the ceremony practice. Thank you!

Have a wonderful week,

Hana Kanan, Ed.D.
Director

Secondary School News

Dear Parents,

We have just had a very busy week. Our musical concert (more like an amazing show!), three days of Grade 5 transition, our MYP celebration day, Grade 11 Theatre presentations and university visits. Looking back on the week, I am filled with wonderful memories of seeing our students on many different stages, celebrating what they can do and explaining their learning. It really was fantastic, and congratulations to everyone who took up the challenge and shared their talents in one way or another. It now feels like we need to take a deep breath and relax! Thankfully, we have the Independence Day holiday on Wednesday. Do please join us on Tuesday for the celebrations in school, which starts at 12:15 pm in Community Square. Can I remind parents that the dress code for students on Tuesday is National Dress.

There was a very full day on Friday, which saw the completion of our MYP and DP external examinations. With one set of exams ending, another starts, and Grade 11 will begin their Finals on Thursday, 26th May. Ms Muna will be in touch soon to inform students and parents of the compulsory exam set up meeting all Grade 11 students must attend. I am sure all students have now started a revision programme built around their best working patterns and concentrating on areas identified as most in need of some extra time. If they have not – this is perhaps an opportune time to have that conversation with your child.

Grade 10 are out on their El Hassan Youth Award trip for the next three days, and I am sure they are going to have a lot of fun and find depths to their stamina, character and problem-solving skills they did not know they had as they navigate their way round the countryside of Ajloun. I hope the weather will be kind for them.

Enjoy the national holiday on Wednesday.

Martin Thompson
Secondary Principal

Primary School News

As I walked across the campus the other day, I saw that the first banners advertising Jordan's 70th anniversary of Independence had been posted. We have an action-packed Independence Day celebration planned for 24th May. To mark the occasion we have varied our programme lessons in the school to finish at 12:15 pm. At this time the PTA Will bring food for the students to the classes. Dismissal will be at 12:30 pm. It is expected that children will be taken by their parents to the celebration. There will be acts on the stage and a wide variety of activities for families to participate in. I look forward to enjoying celebrating this wonderful occasion with the whole school community. Please note that students may not go home by bus on 24th May.

The theme of independence also caught my eye in light of what I wrote last week about working together to encourage our children to become more resilient. Building resilience and independence, is as I wrote, a really important part of building executive function within our children. Students with well-developed executive function tend to perform better. I did say in the newsletter that independence needs to be scaffolded. We need in other words to support our children in becoming more independent. It has come to my attention recently that a significant number of children are coming to school without eating. It is, I know, sometimes very difficult to encourage children to eat properly in the morning. I believe that encouraging children to eat before school greatly enhances their ability to focus and to develop into independent and resilient students. I have attached a link to support my argument.

<http://journals.cambridge.org/action/displayAbstract?fromPage=online&id=9976458&fileId=S1368980015002669>

On Wednesday Dr Hana presented the School Business Plan for 2016-2017. It was a great opportunity to see the positive planning for the school and easy to understand why it is moving from strength to strength.

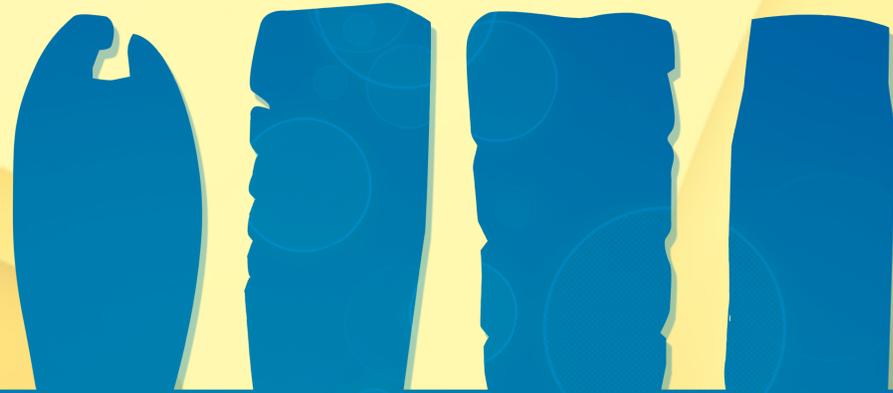
I look forward to seeing many of you at our school Sports Days. The schedule is:
29th May at 8:15 for KG1 at 10:30 for G2 and G3
30th May at 8:15 for KG2 and G1, at 10:30 for G4 and G5

Congratulations to our Smart winners this week:

Ali Abu Rayyan 2Z Farah Saliba 1D	Bronze Award Naser Abdullah 1D	Mahdi Al Saraf 1D
Laila Sabbagh 5MM Jana Armouti 5MM	Silver Award Tawfiq Bisharat 4M Omar Tahabsem 4M	Autumn Callen 3R Rashed Darabseh 3J Tamar Malhas 3J
Mohammad-Eid Bundukji 5MM Ra'd Al-Zu'bi 5MM	Laith Haddad 4M Mohammad Badran 4M	Yasmine Shakaa' 3J Yousef Al-Shahwan 3J Jamal Jallad 3J Marwan AlKayed 2R Kareem Al Saleh 2R Aoun Jafar 2R Aalia Al Manasreh 2R Seren Al Jurf 2R Rania Yasin 2R Mohammad Zubi 2R Maya Samman 2R Nadia Issa 1D
Munir Sakkijha 5MM Mariam Tabba'a 5MM Aya Sharawi 5MM Jade Cullen 4D Hashem Al Kurdi 4D Elisa Shomali 4D	Jane Al Shomali 4M Abdullah Tahabsem 3R Dana Yasin 3R Dana Al Darabseh 3R Bashir Al jaghbir 3R Hashem Asfour 3R Mohammad El-Fayez 3R Mohammed Al-Hadid 3R Nemat Fakhouri 3R Salma Armouti 3R Sam Sabri Al Bay 3R	Yousef Al Ahmad 3R Yasmeena Saket 3R Samar Shami 3R Laith Saoudi 3J Saif Saleh 3J Tala Morrar 3J Massa Al Kilani 3J Salma Ellouzi 1M
Tamara Sboul 4D Faisal Barakat 4D Sultan Al Kalifa 4C Nour Al-Adwan 4C Haya Nasereddin 4M	Sam Sabri Al Bay 3R Gold Award Ahmed Al Nammari 3R Ahmad Odeh 3R Hashem Shreim 3R Jana Zalatimo 3R Michael Imseeh 3R Mousa Al-Bitar 3R Sadeen Al Adwan 3R Abdel Majeed Al-Shdeafat 3R Salma Hamzeh 3R	Rakan Qawasmi 1M Salma Bawalsa 3R Abdullah Bdour 1M
Karim Nabulsi 5MM Jafar Jarrar 5MM Zain Kousayeh 5S Ghazi Kardan 4D Farah Al Hashem 4D Natalia Imseeh 4D Rashed Mansour 4D Mohammad Hamdan 4C	Gold with Merit Award Laya Baloula 3R Karam Hamad 3R Gold with Excellence Award Natalie Al Abed 3J	
Juna Al Lozi 4M Natalia Imseeh 4D Abdulla Qatarneh 4C Maya Sharayha 3J		

Grade 3 'Chocolate for Charity' Enterprise Project

Grade 3 Enterprise presents its annual 'Chocolate for Charity' project! The IAA Chocolate Pillar Pack boasts 4 chocolate bars labelled individually with a drawing of each IAA Pillar (Leadership, Acceptance, Duty and Cultural Heritage). The cost of the Pillar Pack is only 5JD. Orders and payments will be taken in the classrooms from Sunday, 22nd May to Thursday, 26th May. All orders will be delivered on Monday, 5th June, and all proceeds will be donated to the King Hussein Cancer Foundation. Our Grade 3 students are really excited about their 'Chocolate for Charity' project! Please support our project and help make it a success!



Grade 3 Enterprise

CHOCOLATE FOR CHARITY

IAA Chocolate Pillar Pack

5^{JD}

Order in Class

Sunday - 22nd May

Monday - 23rd May

Tuesday - 24th May

Thursday - 26th May

Orders will be delivered on the 5th of June

All proceeds go to the King Hussein Cancer Foundation

Have a great week.

Martin Blackburn
Primary Principal

Middle School News

Dear Parents/Guardians,

Last week was full of many events, where students demonstrated their diverse abilities, skills and talents. Grade 5 joined some of the Grade 6 classes to experience life in Secondary. It was great to see them engaged in the activities, asking insightful questions and excited about the next chapter of their educational journey.

We also had a full house of students, staff and parents at the Music Concert. There was a blend of many genres performed in Arabic and English. Our musicians truly outdid themselves. Ninety minutes passed by so quickly, which is a testament to its success. Many thanks to Mr Ahmed and all staff involved in creating this memorable event. We anticipate even more students joining the choir and band come next year.

Lastly, we had our first MYP Day, which will become an annual fixture in the IAA calendar. The range and quality of the topics were impressive: from graphic novels that capture the reality of refugees to combining art forms to convey a message on issues of freedom and oppression. The students' presentations demonstrated their ability to undertake research, to master a range of styles and forms of writing, to produce work of visual and written creativity and to take action to shed some awareness on various topics. Congratulations also to those Grade 8 students who were selected to present their Community Projects. They spoke with confidence, clarity and passion in front of a large audience. They, as well as other Grade 8s, certainly contributed to their community, whether by organizing a book drive to build a library in a local school or by growing fruits hydroponically to promote healthy eating. A huge thank you also to our hardworking and always supportive PTA for bringing in the delicious falafel sandwiches on this day.

Congratulations to our Grade 10 students for completing their onscreen examinations. Through the use of technology and the focus on deeper levels of understanding, this examination process was an engaging and positive experience for our Grade 10s. They will now embark on a journey to Dibeen and Ajloun, as part of the El Hassan Youth Silver Award. One of its purposes to develop self-reliance and an awareness of the natural environment and the importance of protecting it. We wish them all the best and look forward to hearing about their adventurous exploits.

As stated in the previous newsletters, all Grade 9 students have been assigned a supervisor for the Personal Project (PP). The expectation is for them to have met with their supervisors in order to get feedback on their goal, product and action plan. Grade 9 parents should take the time to discuss with their child their PP topic – what is their goal, why they chose it, and how they plan on achieving it. For further information about the PP, please contact Ms. Hala Asaad (h.asaad@iaa.edu.jo).

To mark Jordan's 70th Independence Day, celebrations will be taking place in Community Square on Tuesday, 24th May. The event will kick start at 12:15 pm with a performance by the Boy Scout Band. Primary and Secondary students will also perform on stage, along with other distinguished guests. Even though students are allowed to leave at 2:15 pm, the festivities will continue until 4:00 pm. We look forward to seeing you there. Students are encouraged to wear national dress or Jordanian flag colours. Happy Independence Day, Jordan!

We are heading into the home stretch, where exams are just around the corner. Let's continue to work together to ensure success for all.

With kind regards,

Zena Muhtaseb
Head of Middle Years

Calendar

Sunday	22	-Grade 10 Ajloun Trip
Monday	23	-Grade 10 Ajloun Trip -Parent and Student Grade 5 Transition Meeting, 1:00 PM – 2:15 PM, Theatre
Tuesday	24	-Grade 10 Ajloun Trip -Parents Open Meeting with the Director, 8:00 AM – 9:00 AM, Director's Office -Independence Day Celebration, 12:30 PM – 3:30 PM, IAA Community Square
Wednesday	25	
Thursday	26	-Grade 5S Assembly, 1:15 PM – 2:00 PM, Theatre
Friday	27	
Saturday	28	
Sunday	29	-Grade 10 Work Shadowing Week -Grade 11 Exams, MPR -Grade 1 Kasih Factory Trip, 8:30 AM – 1:30 PM

Sports News

It was a pleasure to greet our incoming Grade 6 students during Orientation Week. They are so excited about making it to Grade 6, their enthusiasm is contagious. Our newest Secondary students need to be prepared for the changes in schedule and check-out procedures in the Secondary Library, as they vary from the Primary Library schedule. In the Secondary Library, students come to the Library as scheduled with teachers for classwork, and they are also welcome to visit during break time to check out books or study.

I encouraged many of them to join the Summer Reading Challenge—"The Amazing Reading Race". We had 61 students at last count, and the number is still rising. That is phenomenal, and a big thanks to all who have signed up so far. Registration remains open for Pre-K to Grade 7 until 2nd June. After that, we will pass out the packets to each homeroom. For registration papers, please visit any of the Libraries or email library@iaa.edu.jo for more information.

This is reminder that KG and Primary students' last day for Library classes is Thursday, 26th May. The final day to turn in materials is Thursday, 2nd June. After that, invoices will be issued for lost books and must be paid for in the Finance Office. Please be patient with the Library staff regarding lost books. If children sense that their parents are anxious with the Librarian, it may cause them to feel nervous and/or have a bad impression of the Library, which will affect their love of literature and learning. We will work together so that your child has a positive Library experience at IAA. More often than not, the books are found, and there is no problem. Occasionally, books are not found, and per IAA Policy, parents are liable for the book. Speaking from experience with my own children, some places to look for lost books are under car seats, in the trunk of the car, in bookshelves at home, under beds and coffee tables, under the sofa, mixed in with DVDs, in playhouses, or in old bookbags or backpacks. Our staff also thoroughly checks in their Library, the hallways, classrooms, resource rooms and other Libraries in case a book has been misplaced in those locations. If you have any questions or concerns about lost library books, please see Ms Kathleen, Head of Libraries, in the Secondary Library or email me directly at k.mckim@iaa.edu.jo. With Ramadan coming up, I was encouraged once again to create a Ramadan Reading List for those days we are blessed with extra time to think and reflect on what matters in life. Our librarians have given their top Ramadan picks, and we have so many more suggestions. For instance, it's a great time to check out a book from our Arabic in Translation series in the Secondary. It's also a very opportune time to encourage your children to read about the history of Jordan.

Ms Kathleen (Secondary) suggests: *I Shall Not Hate* by Izzeldin Abulaish.

To hear the Gazan experience from a doctor who had been born destitute in the Jabalia refugee camp, to follow his opportunities and setbacks, is a rare gift. This book doesn't sugarcoat Arab-Israeli tensions. In fact, the author teaches quite a bit of history and sheds much-needed light on the internal political workings of Hamas and Fatah. His is not a politically charged mission. It's a humanitarian mission to show that we often have more in common with our enemy than we think. The road to peace begins with listening to what we do not understand, listening in spite of what we are afraid to hear. He lives and writes in the paradox of the horrible hope for Mid-East peace. Hope for a better world. Horror for the incalculable loss and suffering which will continue to spur the disenfranchised to either acceptance and

change or revenge and retribution.

ms Dima (Primary) suggests: *1001 Inventions and Awesome Facts from Muslim Civilization* by National Geographic.

This is a great book for kids to enjoy. Kids will love reading about the many inventions they know and use today that were invented in some form or another over a thousand years ago. There are lots of facts, photos and fun. Each page is packed with information on little-known history of Muslim civilization, showing how their achievements still apply to our world today. We often think that people from a thousand years ago were living in the Dark Ages, but from the 7th Century onward in Muslim civilization, there were amazing advances and inventions that still influence our everyday lives. Inventors created marvels like the elephant water clock, explorers drew detailed maps of the world, women made scientific breakthroughs and founded universities, and so much more!

Ms Tania (KG) suggests: *The Foggy, Foggy Forest* by Nick Sharrat.

This unusual picture book is printed on vellum pages which create a foggy look, allowing children to guess what is behind the "fog". It is an amazing guessing book. Behind each page you will find a different fairy tale character hiding in the foggy forest. Sharrat depicts each character as a silhouette on one page and then shows a full color image of the character on the next page. The students love guessing on the first page and then turning the page to see if they were right.

Ms Dana (KG) suggests

قمر رمضان

تأليف: نعيمة روبرت، ورسوم: سيمر براج.
"عندما يقترّب شهر رمضان، نتطلع إلى الأعلى، ننظر إلى السماء، نبحث عن إشارة، نترقبّ وبشوقٍ ننتظرُ، ذلك البريق الفضيّ، ذلك الهلال اللعّاع، ننتظرُ ولادة القمر، قمر شهر رمضان..."
يبعث هذا الكتاب الفرح في قلوب القراء الصغار تماماً كما يفعل قمر رمضان الذي يبشر المسلمين بحلول الشهر الكريم. يشير الكتاب إلى الشعائر الدينية والأنشطة التي يمارسها المسلمون في هذا الشهر. ويتناول الكتاب التغيرات التي تطرأ على شكل القمر وما يزامنها من أحداث في شهر رمضان كليلة القدر وحلول العيد.

Ms Rania (Secondary) suggests *The Secret* by Rhonda Byrne.

كتاب السر لروندا بايرن

by Rhonda Byrne

من الكتب التي تساعد في تطوير الذات وجلب الطاقة الإيجابية والتفكير الإيجابي وجلب السعادة، وكل ما تجذبه لنفسك هو ما تحصل عليه وهو نوع من جلب التفاؤل للنفس والرضا.
ويتحدث هذا الكتاب عن كيفية جذب الطاقة الإيجابية وجعلها تؤثر على حياتك بطريقة سليمة، وبالتالي سوف ينعكس ذلك على كل من حولك وبالعكس عن جذب التشاؤم والطاقة السلبية لنفسك فإن ذلك سوف ينعكس على سلوكك مباشرة وبالتالي سوف ينعكس على كل من حولك ويكون ذلك سبب في جلب التشاؤم والضيق للنفس. ملخص الكتاب كن متفائلاً في حياتك ولا تجذب لنفسك الا الطاقة الإيجابية وابتعد عن الأشخاص السلبيين ولا تجذب لنفسك سوا الطاقة الإيجابية.

Ms Tamara (Secondary) suggests *Sultan Saifuddin Qutuz: Champion of Ain Jalut and the Defeater of Mongols* by Mansour Abdul Hakim.

تامارا هاكوز: السلطان سيف الدين قطز: بطل عين جالوت وقاهر المغول – منصور عبد الحكيم.
السلطان سيف الدين قطز: بطل عين جالوت وقاهر المغول: كتاب يتناول سيرة حياة الملك المظفر قطز بأسلوب لطيف وسهل الإستيعاب، أنصح بقراءته لعرف عن حياة بطل من أبطال المسلمين الذي لولاہ لتغلغل المغول في أهم وأقوى المدن العربية في ذلك الوقت وهي مصر ولانتهت عصر الدولة الإسلامية في جميع الدول العربية. فقد قام المغول بدخول بغداد وعاثوا فيها فساداً وأحرقوا مكنبته ورموا بكتبتها في نهر دجلة وللأسف تحالف بعض أمراء العرب مع المغول خوفاً على حياتهم لكن بعد أن شعروا بالأمان قام المغول بخيانة العهد واستولوا على الإمارات العربية وقتلوا من فيها، حتى جاء قطز في معركة عين جالوت وهزم المغول هزيمة ساحقة واسترد ما أخذ منهم. على الرغم من أن مدة حكمه لم تدم لأكثر من سنة إلا أنه من أكثر السلاطين اللذين أثروا في التاريخ العربي والإسلامي.

Happy Reading,

Ms. Kathleen for the Libraries

More News

Another event, another wonderful atmosphere. IAA hosted this year MEUC track and field event and it was an amazing experience.

All student athletes demonstrated exceptional sportsmanship, and all teams participating in the event enjoyed their time and gained great experiences.

Our student athletes showed enormous composure participating against 11 other school teams, as well

as one international athletics club. Our players went home with lots of medals and smiles all over, and all parents showed their great support for our team of students, coaches and staff, as well as the referees and the volunteers that gave given their all under the sun for two days in a row.
Again big thanks to all my department and my coaches and friends for all your support and help. It could not happen without you all.
Congratulations to our star Alyia Bushnaq, who won 2 bronze medals in 200m sprinting with a new Jordanian record 26.42 seconds.
And the 4×100 relay the west Asia competition in Bahrain
Great job, Alyia J
Coach Samer Taha
Athletic Director

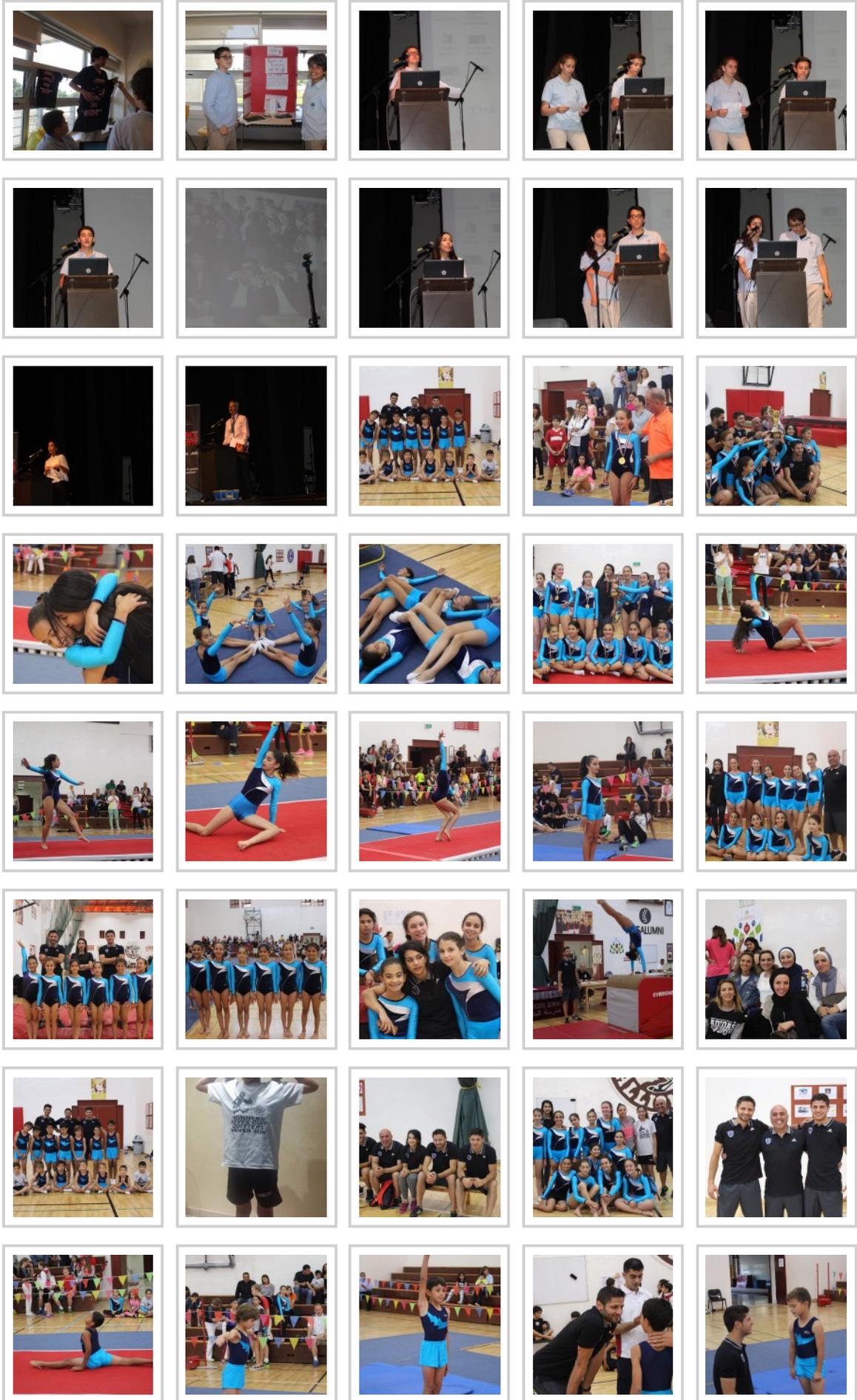
More News

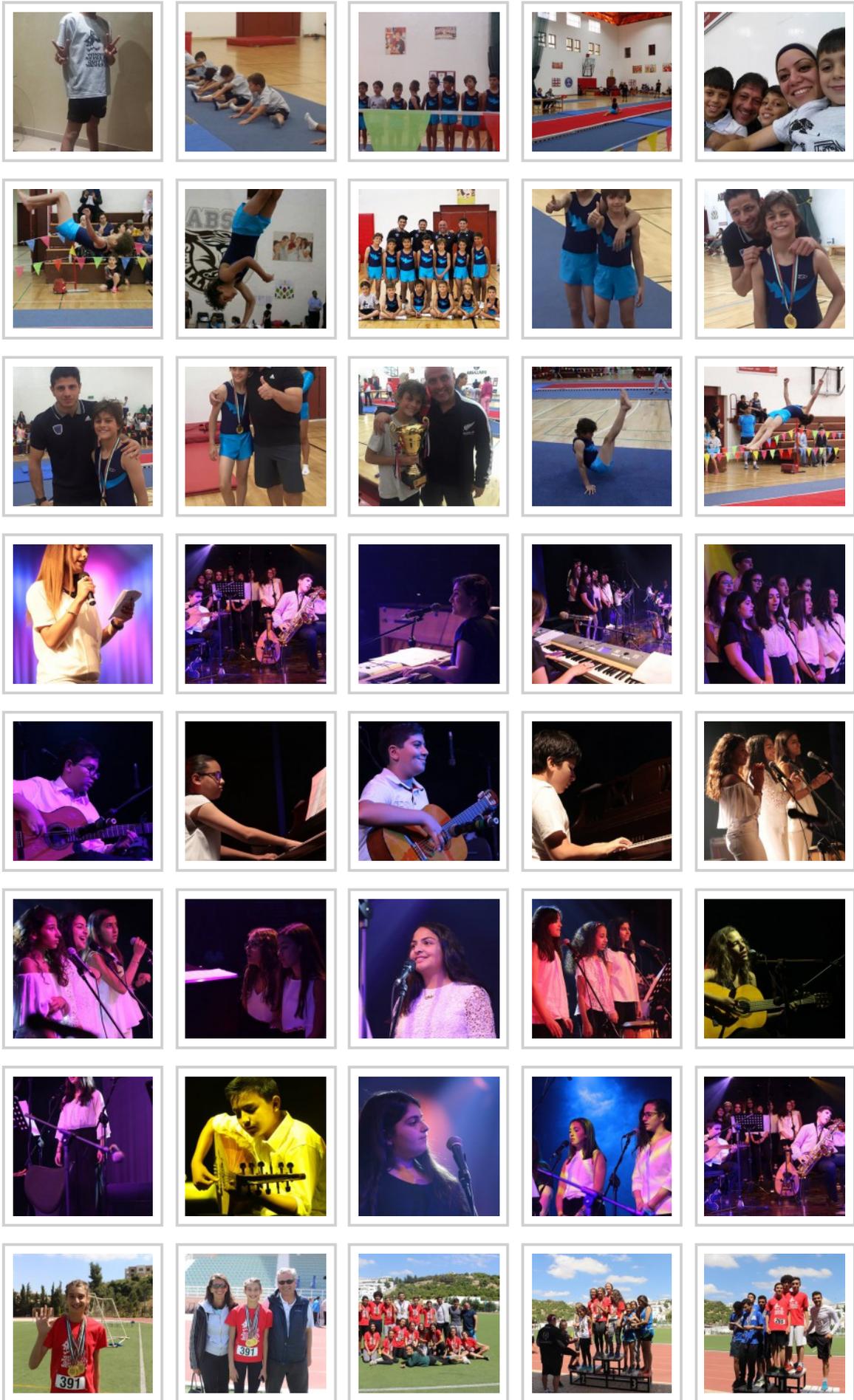
More News

(I thought I had nothing to write about this month, and then a grade 6 student walked into my office...)
Dear Leslie,
I am in grade 6 and I have a problem with my parents. They're always on their phones and they never listen to me. Whenever I tell them about something that's happening in my life they always seem to ignore what I'm saying. They say, "Yes, yes" like they are listening, but they really aren't. They're always focusing on their phones and never on what I'm trying to say to them. I feel sad because they just aren't hearing me even though some of the things I want to tell them are very important and exciting. For example, I got a trophy for basketball, but when I told them they were, of course, on their phones and they just said, "Congratulations". There was no feeling at all. They just kept on their phones, so I felt they just didn't care. What can I do?
From,
Feeling second place to a phone
Dear Feeling second place to a phone,
You sound like you are feeling ignored and hurt by the importance your parents are giving to their phones. I wonder if they realize how their actions make you feel? One thing you could try would be to ask to talk to them without any phones anywhere nearby. Then, when you are all sitting down together, tell them exactly what you just told me. Explain to them how important it is to be listened to and how you feel sad and ignored when they stay on their phones all the time. See if they can spare some time each day to just sit down and talk to you about your day, with no other distractions. I think your parents love and care about you a lot and will want to know about how you are feeling. Good luck with this and let me know how it goes.
I admire you for speaking up,
Leslie

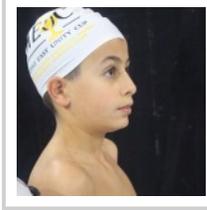
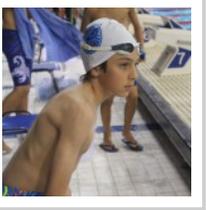
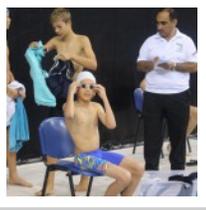
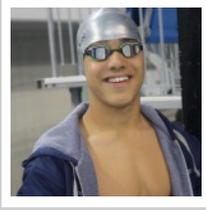
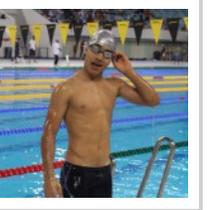
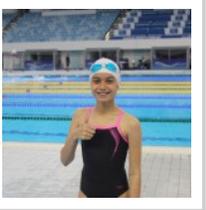
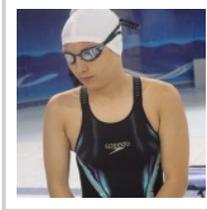
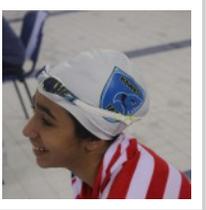
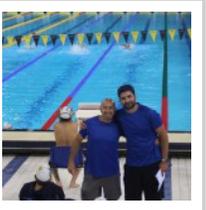
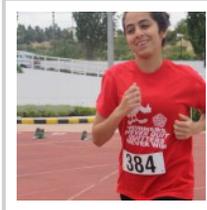
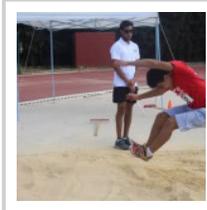
Photo Gallery





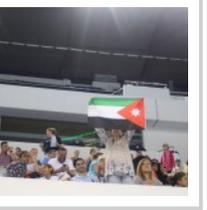




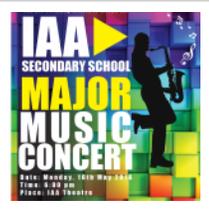
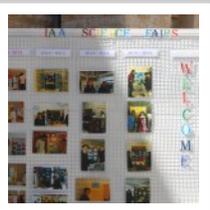


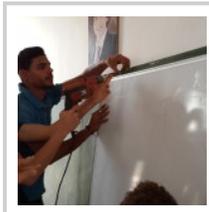
100-1500 Girls 50 m Butterfly			
1	Levinson, Ellen	DNF	24.89
2	Mathew, Parv	DNF	24.49
3	Balmer, Linka	DNF	24.49
4	Lin, Caroline	DNF	24.12
5	Miller, Caitlin	DNF	22.47
6	Copeland, Davis	DNF	22.47
7	Adamski, Lena	USA	22.08
8	Balaji, Adithi	USA	22.58
9	Gurney, Zhi	USA	22.92

100-1500 Girls 50 m Butterfly			
1	Sanchez, Tessa	USA	0.0
2	Ashraf, Rameez	USA	
3	Shah, Disha	USA	
4	Tringali, Stephanie	USA	
5	Haniff, Farah	USA	
6	Werner, Kaitlyn	USA	
7	Alban, Isabella	USA	
8	Walters, Hannah	USA	
9	Walters, Hannah	USA	
10	Walters, Hannah	USA	
11	Walters, Hannah	USA	
12	Walters, Hannah	USA	









with Lisa Brown

MakerSpace Programme



Making Flower Pop-up Cards
 Tuesday Mar 29, 2016
 Primary Library
 2:30 - 3:30
 Library@sharjah.edu.ae

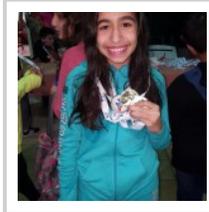
with Lisa Brown

MakerSpace Programme

Making Flower Pop-up Cards



Tuesday Mar 29, 2016
 Primary Library
 2:30 - 3:30
 Library@sharjah.edu.ae



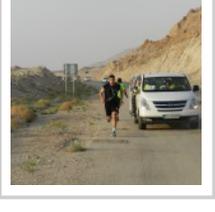
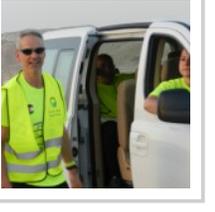
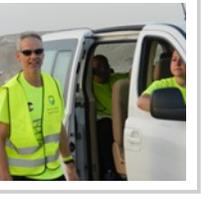
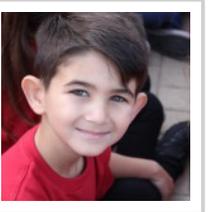
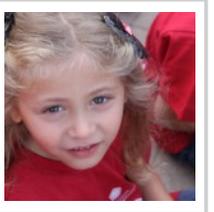
**Why am I not losing weight?
 Why am I hungry all the time?
 Why am I tired all the time?**

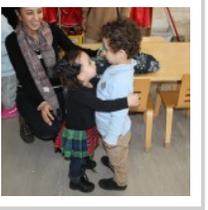
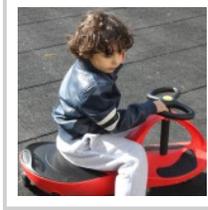
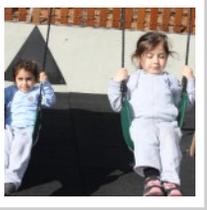
Join us for a cup of coffee and a chat with
Dr. Razan Shughhat
 On Thursday 7th April @ 8:00am
 to know the answer to all these questions and more.

Full Body Composition Analysis using state of the art machine can be done for free too.

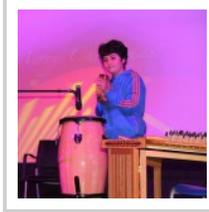
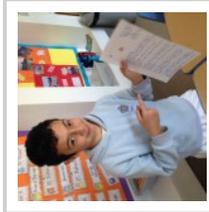
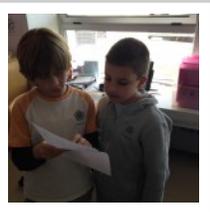
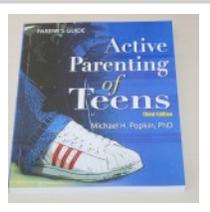
Razan Shughhat
 • Licensed dietitian with more than 15 years of experience in dietetics
 • Author of a nutrition & healthy cooking book "Shikah Sihat, La out well for better health"
 • Frequent presenter at Nutrition segment and a weight loss competition @Rage TV

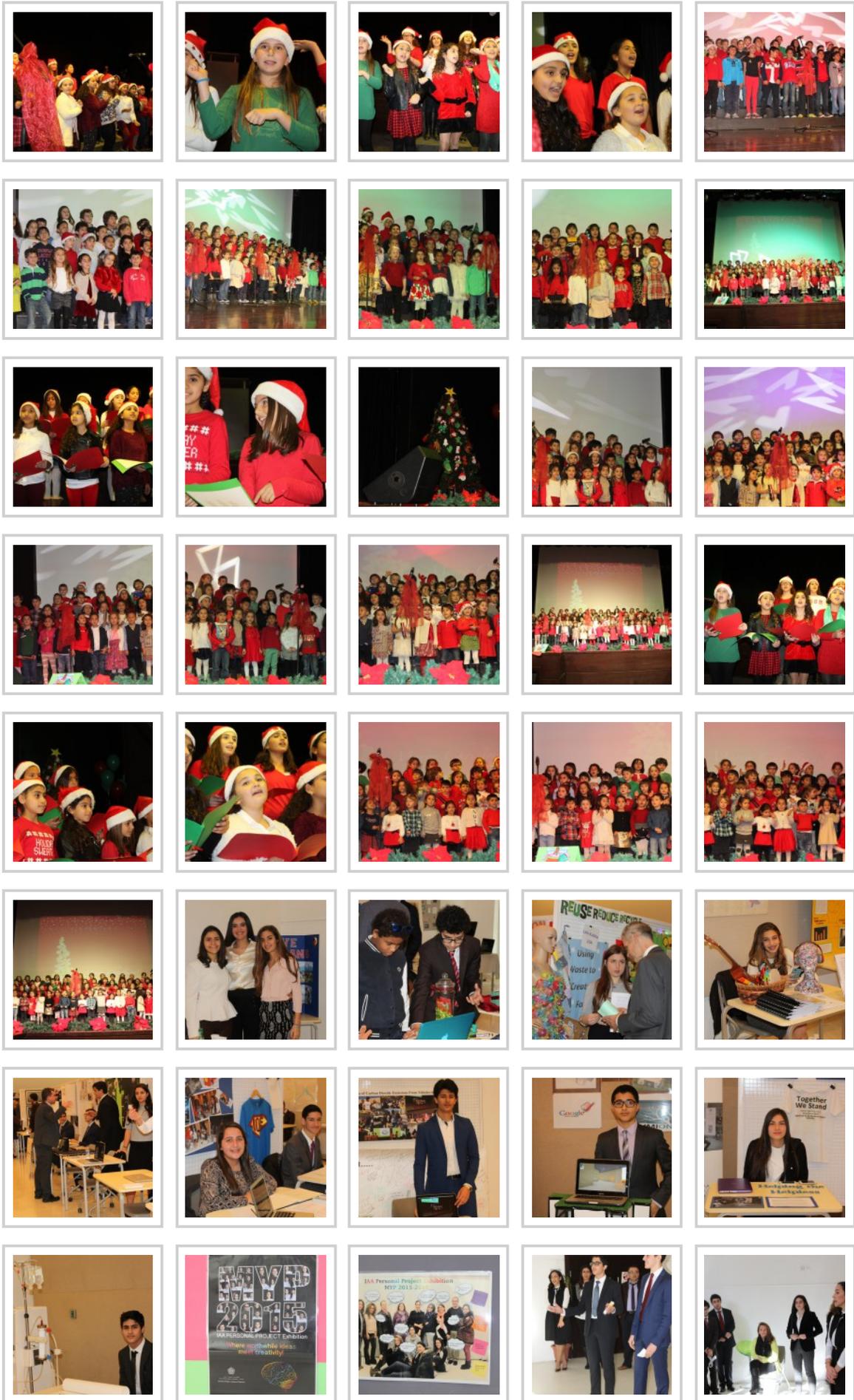


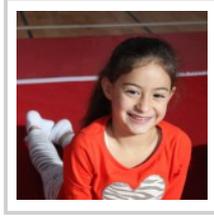
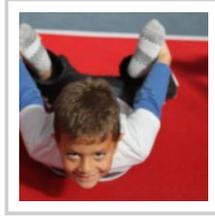
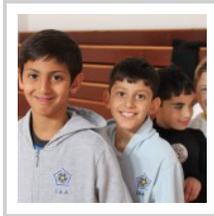
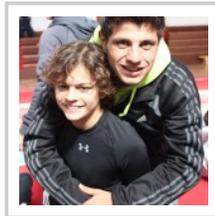



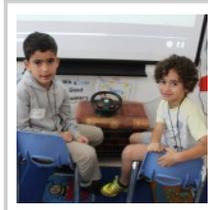
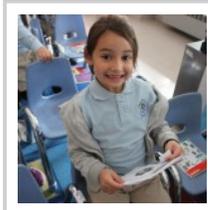


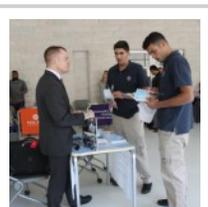
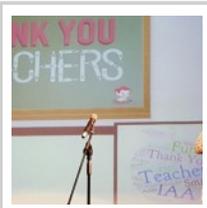


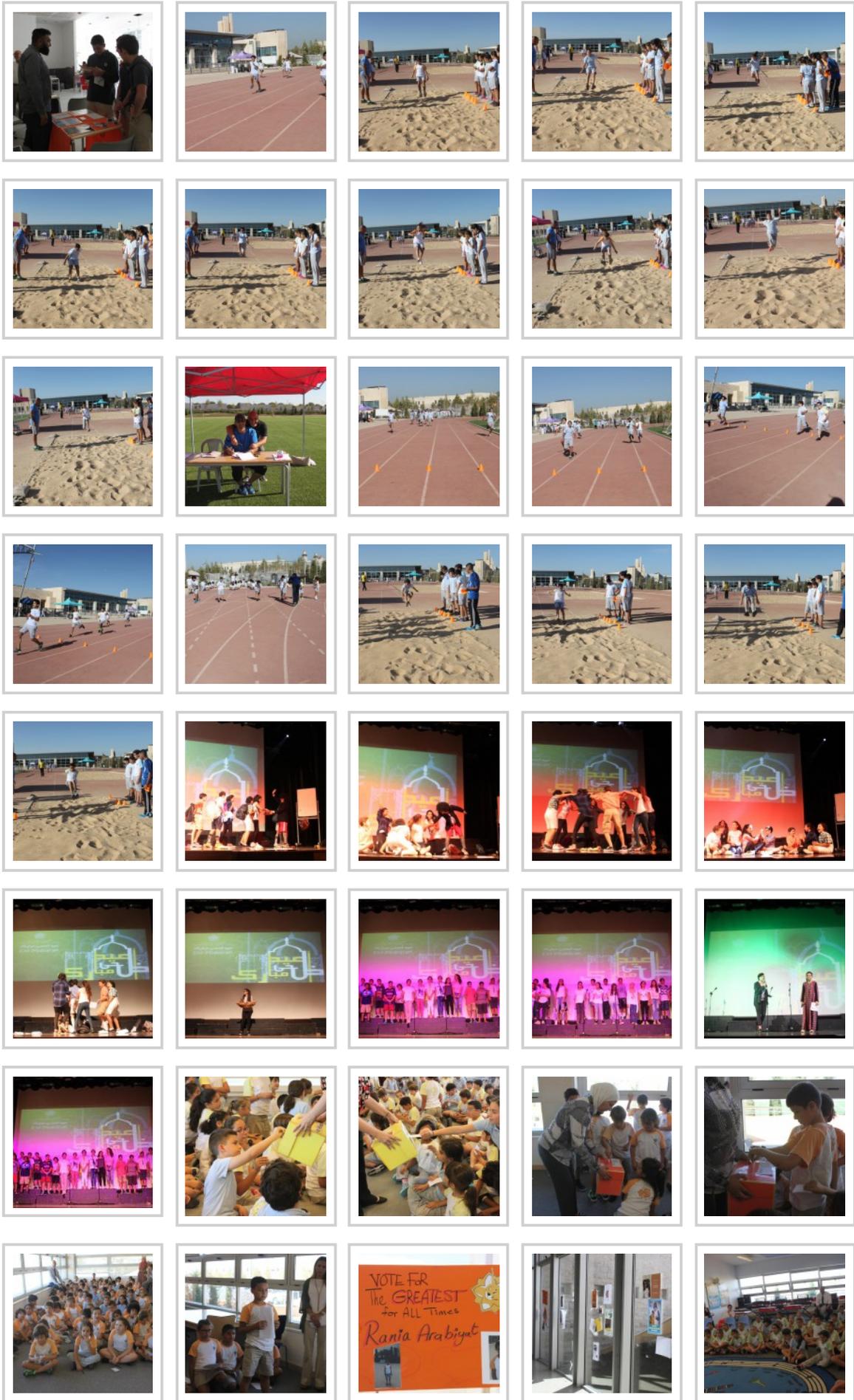


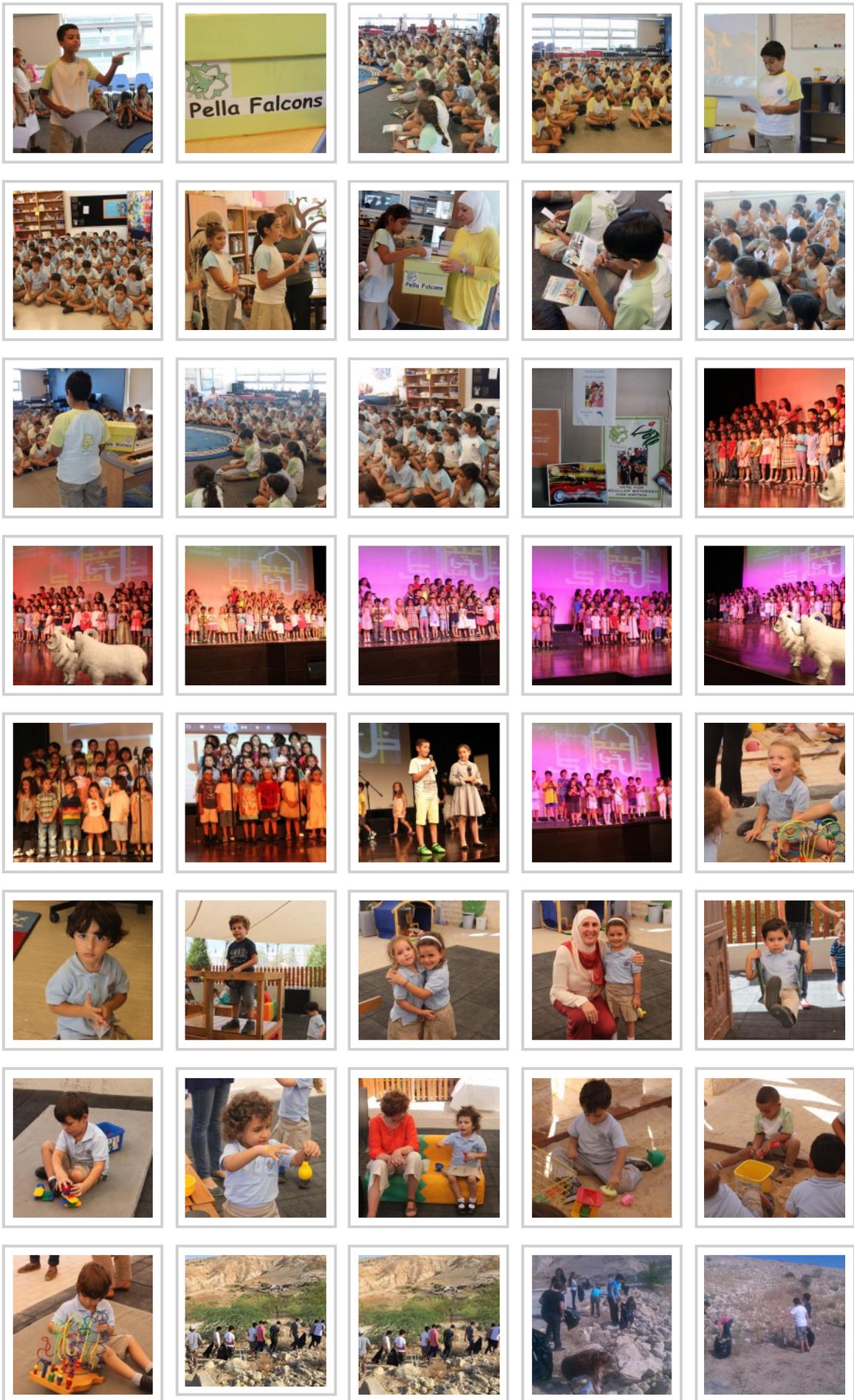


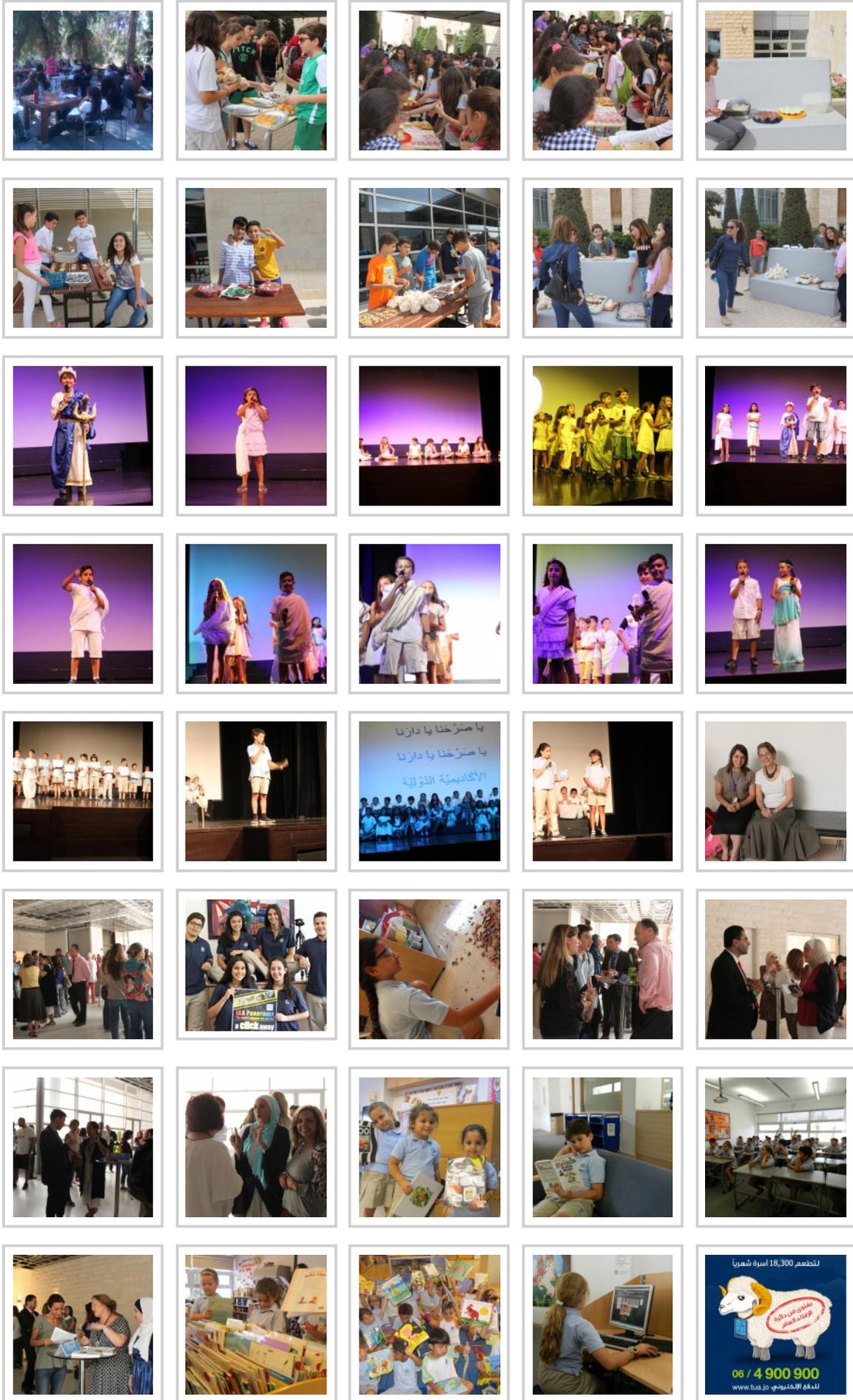












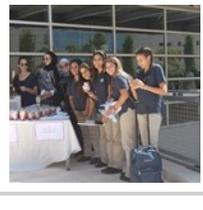
لتعلم 18,300 أسرة شهريا

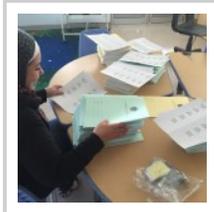
الوقت للتعلم هو دائما

الوقت للتعلم

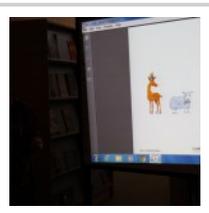
06 / 4 900 900

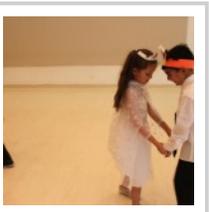
للوقت الإلكتروني: www.t.a.a











Learn Today - Lead Tomorrow
 International Academy - Arabian
 Education - Today - Leaders of Tomorrow

IAA 'Information Day'

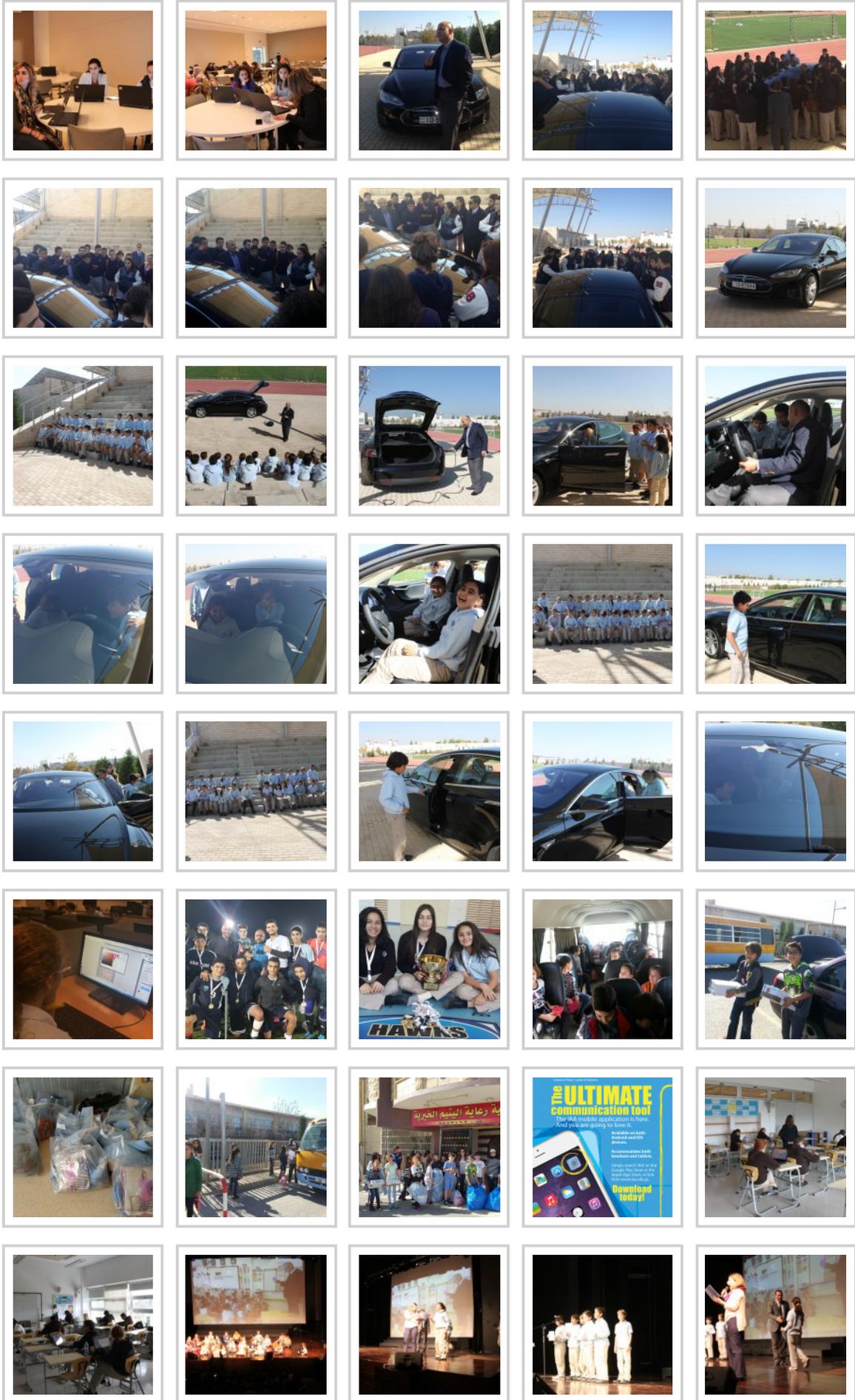
On Sunday, 10th November 2013, International Academy - Arabian will be holding an 'Information Day' for parents/families in order to provide them with an opportunity to learn more about the school and its facilities. The day will also include a talk by the PAF & the PAF staff members, which is free for all parents of all IAA.

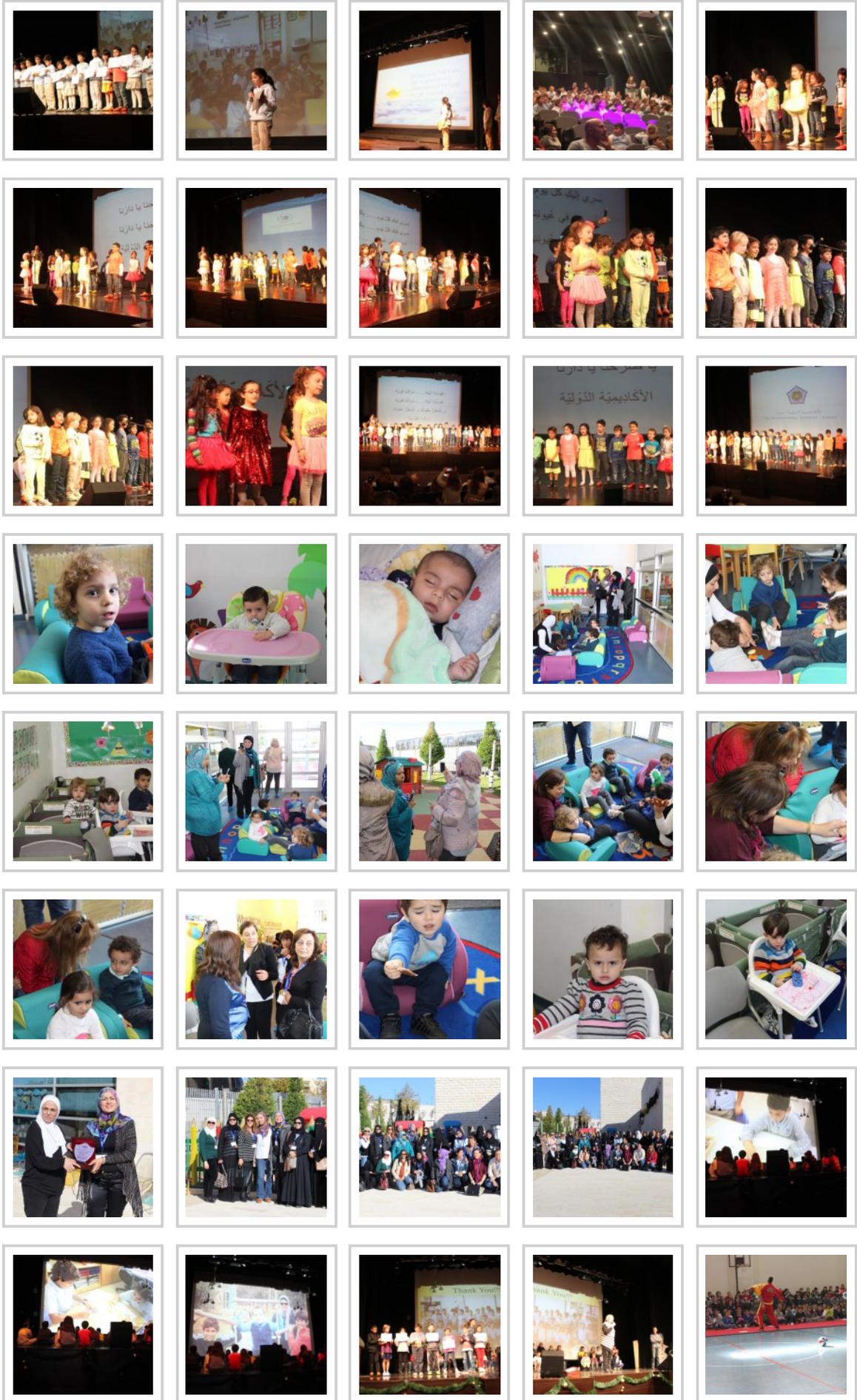
Please note that spaces for the next academic year (2014-2015) are limited. The exchange application process is subject to the 'Information Day' and to submit applications for admission as early as possible.

IAA - Arabian Head Office
 Sunday, 10th November 2013
 10:00 AM - 12:00 PM
 IAA - Arabian
 King Fahd Road, Al-Rasheed District
 Please call 011-2222-1111 for more information on the event.
 (Dates are subject to change)

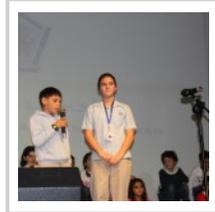
Learn Today - Leaders of Tomorrow
www.iaa.edu.jo









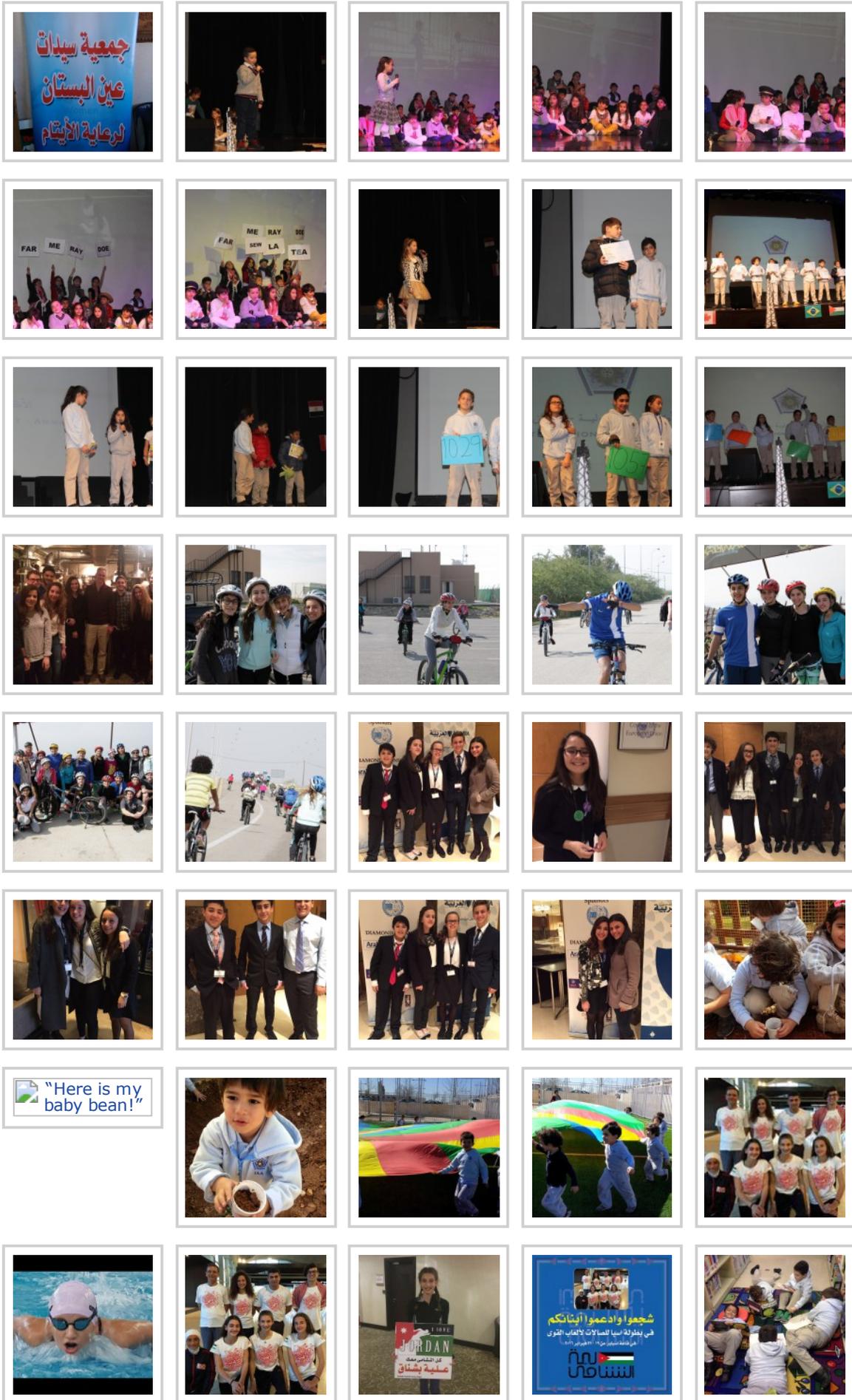




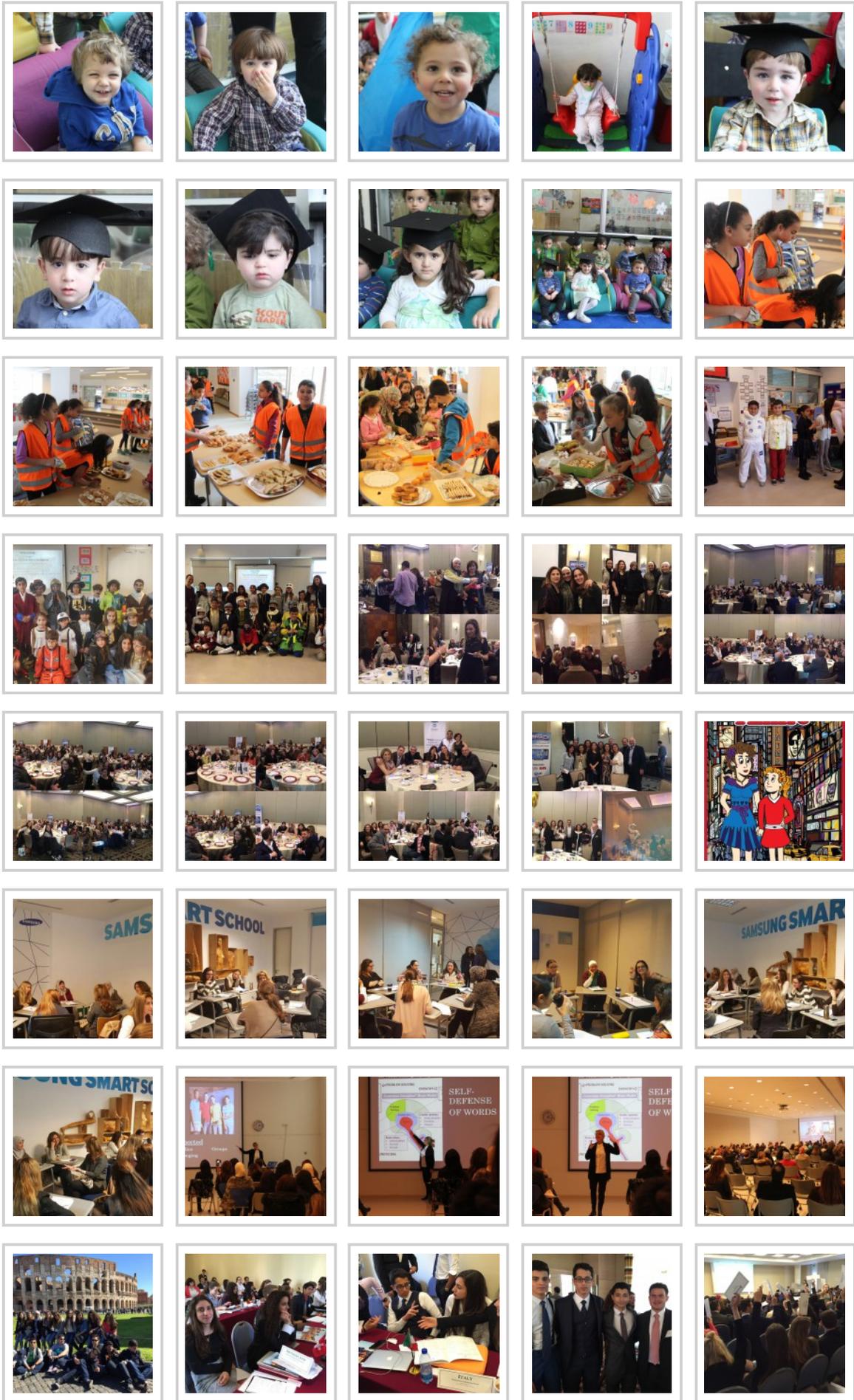
6 ways your pediatrician works you to unplug

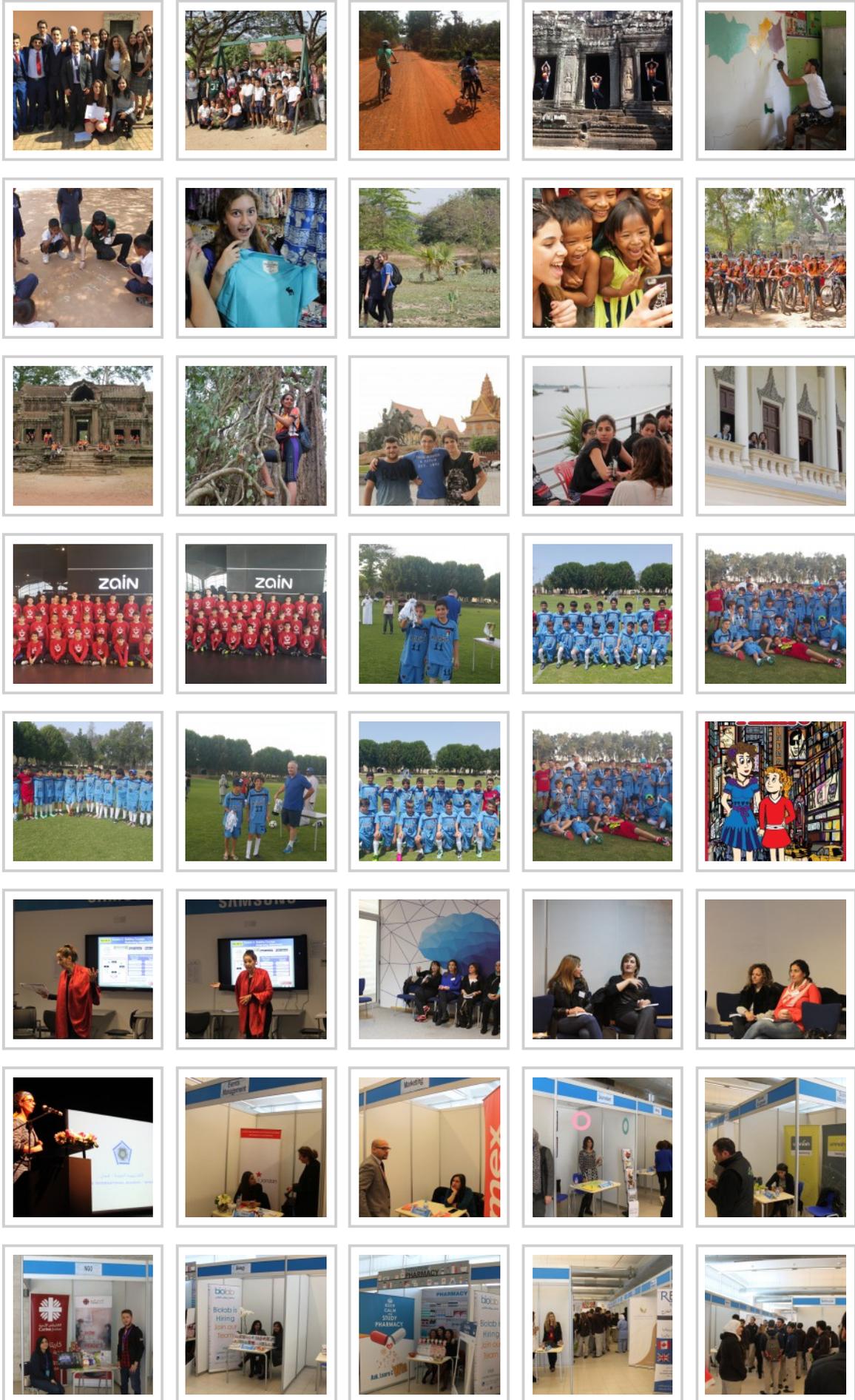
Illustration by: @michelle_miller_art

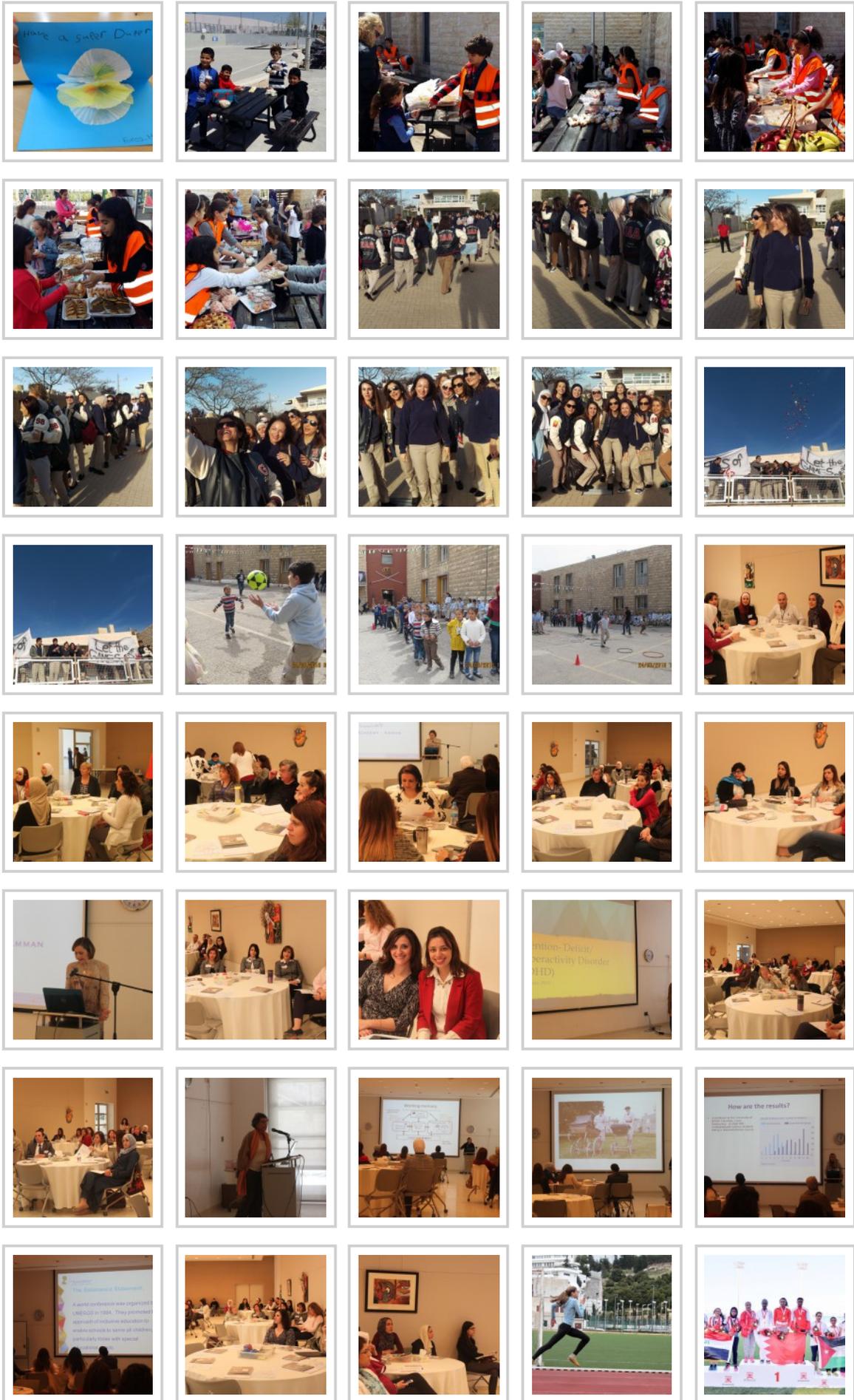
<p>1. Monitor & maintain: Your pediatrician will monitor your child's screen time and help you set limits.</p> 	<p>2. Family time to do: Your pediatrician will encourage you to spend time with your family without screens.</p> 	<p>3. Screen-free zones: Your pediatrician will help you create screen-free zones in your home.</p> 
<p>4. Engage with the world: Your pediatrician will encourage you to engage with the world around you.</p> 	<p>5. Screen-free play: Your pediatrician will encourage you to engage in screen-free play.</p> 	<p>6. Screen-free reading: Your pediatrician will encourage you to read to your child.</p> 



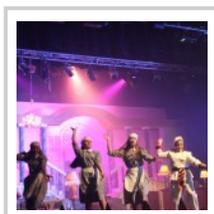
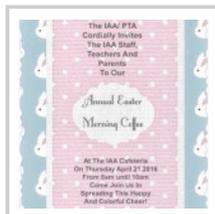












Grade 11 Eco Park Trip

Grade 11 Eco Park Trip

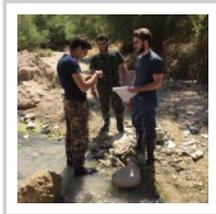
Grade 11 Eco Park Trip



Grade 11 Eco Park Trip

Grade 11 Eco Park Trip

Grade 11 Eco Park Trip



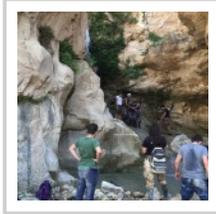
Grade 11 Eco Park
Trip



Grade 11 Eco Park
Trip



Grade 11 Eco Park
Trip



Grade 11 Eco Park
Trip



Grade 11 Eco Park
Trip



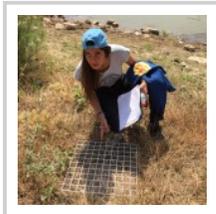
Grade 11 Eco Park
Trip



Grade 11 Eco Park
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Grade 11 Eco Park
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Grade 11 Eco Park
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